**Individualised Support Plan**

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| XYZ Place Activity Centre  Program: Community Access Program  Days: Tuesday and Thursday  Date of support plan: 24/07/2016  Name: Mr Sebastian Rivers (Seb) | |
| **Goals** | |
| Seb will be able to indicate to staff that he needs to go to the toilet by pointing at the toilet door by 24 August 2024. | |
| Actions | Date achieved |
| The occupational therapist will introduce staff to some training techniques and help to introduce the new sign to Seb. | 30 July 2024 |
| Support workers will give Seb the opportunity to practise the sign each day he is at the service. | Ongoing |
| The occupational therapist will review Seb’s progress and the potential for introducing new signs. | 17 August 2024 |
| **Ongoing needs** | |
| Language and communication skills | Uses only basic language. Is able to communicate his needs and preferences with some prompting. |
| Mobility | Independent. |
| Eating skills/dietary needs | Vegetarian. Has painful teeth and gums and needs food to be very soft, with little chewing required. His favourite food is chocolate cake. He dislikes green leafy vegetables. |
| Continence and toiletry needs | Some urinary incontinence. Uses incontinence pads. Requires prompting and assistance to toilet and change pads. |
| Activity likes/dislikes | Enjoys card games; needs to use large-print cards. Likes television, animals and being around people. Dislikes physical activities and music. |
| Behaviours/triggers/strategies | Can become distressed at loud noises or if touched by a stranger (e.g. handshaking or hugging). Strategies to manage this include providing reassurance, moving to a quiet space and warning Seb if a loud noise is expected. |
| **Review undertaken by:** | Mary McNash |
| **Family involvement** | Seb’s brother, Neville, present at planning meeting. |
| **Date** | 24 June 2024 |